

ImPACT Concussion Testing - Paris FC Soccer

The Paris FC Soccer Club have been proactive in dealing with the issue of concussions in our sport. We have recently entered into a partnership with Dr. Tyler Fletcher from Cobblestone Medicine and Rehab in the Paris/Brantford area to provide the **ImPACT Concussion Testing** for our players. Many of you have been to the clinic where they have a wide range of healthcare providers serving your needs.

The ImPACT Concussion Test was developed in the 1990's to provides useful information to assist qualified practitioners in making sound return to play decisions following possible concussions and is the most-widely used, most scientifically validated computerized concussion evaluation system on the market.

ImPACT has been implemented effectively across high school, collegiate, and professional levels of sport participation ion and is now part of the Bison's Football Program. The test takes approximately 20 minutes to complete and measures multiple aspects of cognitive functioning in athletes, including:

- **Attention span**
- **Working memory**
- **Sustained and selective attention time**
- **Response variability**
- **Non-verbal problem solving**
- **Reaction time**

Once the test is completed, it will act as a baseline to compare results of additional tests in the event a player suffers a possible concussion.

The cost for the test is \$20.00 and the Paris FC recommends that all players should consider taking the test prior to playing the soccer season. Once players pay the initial testing cost all further Impact concussion testing fees are paid by the clinic.

For more information, regarding the ImPACT Concussion testing or rehabilitation, please contact Dr. Tyler Fletcher directly at:

Clinic telephone: (519)-442-2237

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